

As the Father has loved me, so have I loved you. Now remain in my love. If you obey my commands, you will remain in my love, just as I have obeyed my Father's commands and remain in his love. I have told you this so that my joy may be in you and that your joy may be complete. My command is this:

Love each other as I have loved you.

(John 15: 9-12)



Welcome to the 4th Annual Men's Fellowship Retreat
hosted by Men's Fellowship of the Providence & St. Albert Canadian Reformed churches

Our mission statement:

As a group of Christian men we will encourage each other to deepen our relationship with God so that we will bring all aspects of our lives into submission to what God requires of us, create an environment where we will feel comfortable enough to discuss our weaknesses, and hold each other accountable to our commitment to overcome our sinful desires through the power of Jesus Christ.

"And let us consider how we may spur one another on toward love and good deeds."

(Hebrews 10:24)

Schedule:

Friday

- 6:30 PM Arrival
6:45-7:00 Welcome/Opening
7:00 - 8:30 *"How to know God personally"*
presented by Rev. Bill Pols,
pastor of the Edmonton Orthodox Reformed Church
8:30 - 9:00 Pool time
9:00 - 11:00 Barbecue & fellowship

Saturday

- 8:00 - 9:00 Breakfast
9:00-10:30 *"How Christ loved the church"*
presented by Rev. W.B. Slomp,
pastor of Immanuel Canadian Reformed Church
10:30 - 12:00 Pool / free time
12:00 - 2:00 Lunch & walk/fellowship
2:00 - 4:00 *"Esteem others better than yourself"*
presented by Rev. Slomp and Mark Slomp, C. Psych.
4:00 - 4:30 Clean up & last coffee time
4:30 - 5:00 Closing
5:00 - 6:00 Dinner

Speeches and workshops will be held in the George Kidd Lounge.

* Bring your own pillow, sleeping bag, towel, and tooth brush.

Camp He Ho Ha

Applicable Rules & Regulations

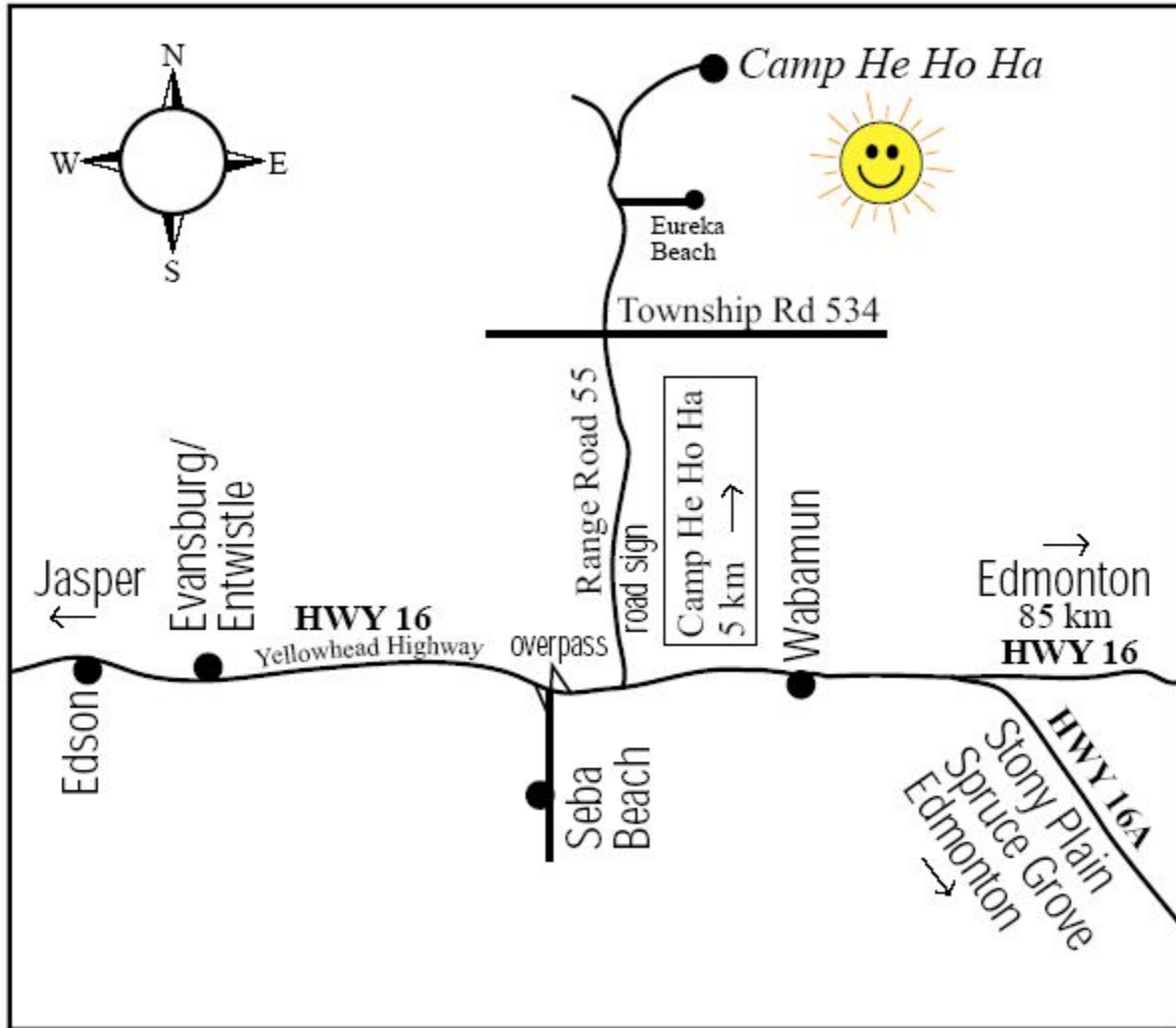
1. No pets
2. No climbing on the basketball nets, gazebo, or picnic tables
3. Use designated hostels and private rooms only

Swimming Pool:

1. Shower before entering the pool
2. No running
3. No diving
4. No food, drinks, or glass containers

"Let no debt remain outstanding, except the continuing debt to love one another, for he who loves his fellow man has fulfilled the law." (Romans 13:8)

How to get there:

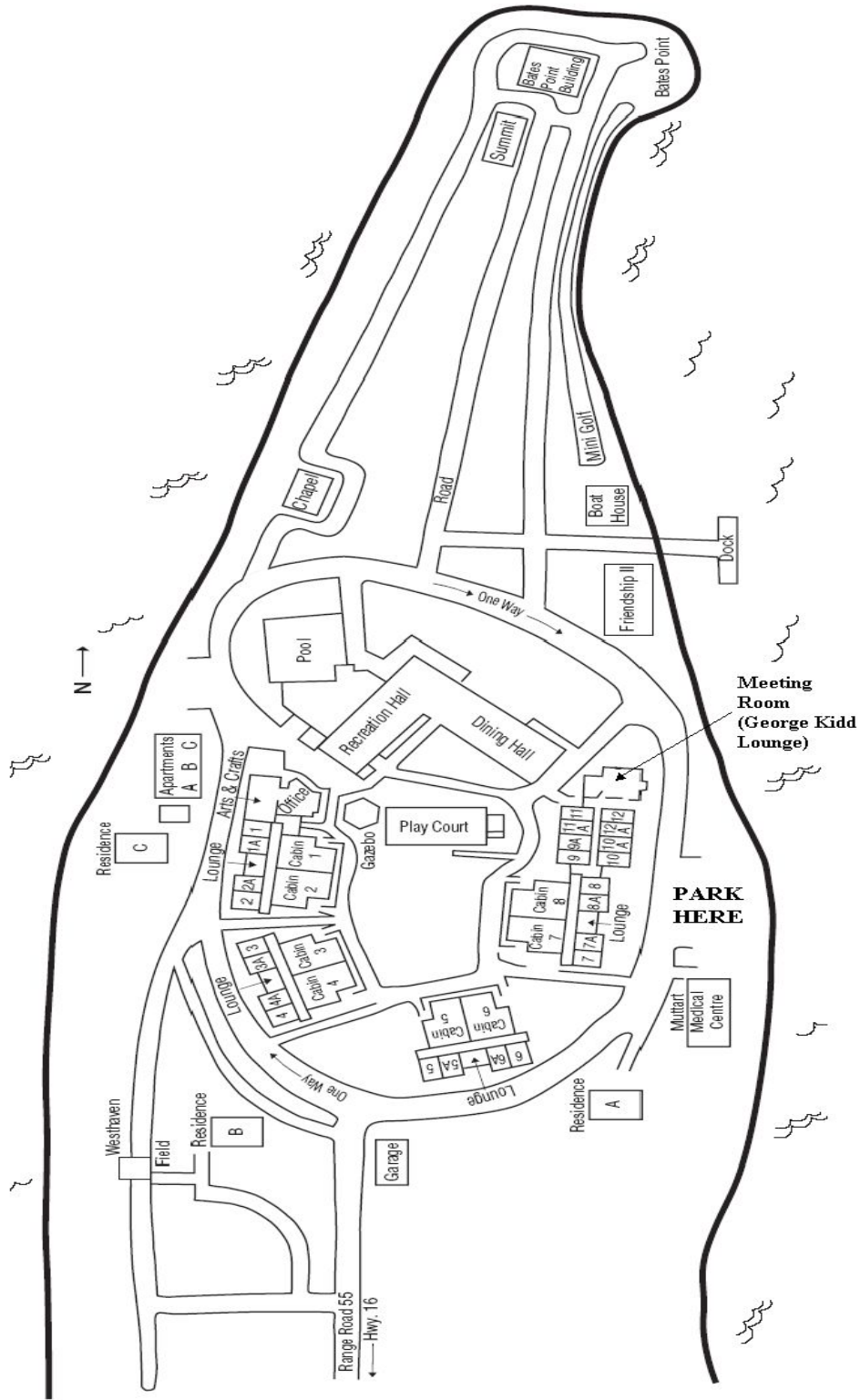


Camp He Ho Ha (Health, Hope and Happiness)

Box 182
Seba Beach, Alberta T0E 2B0
Tel: 780-429-3277
Fax: 780-797-3812
Web site: www.camphehoha.com

Camp He Ho Ha is a regional facility that has been providing outdoor summer recreational opportunities to children and adults with physical and mental disabilities since 1960. Camp He Ho Ha consists of 107 acres located along the shores of picturesque Lake Isle, about 90 km west of Edmonton.

Facility Map:



Our theme song. Some say the words could be improved. But don't let the same be said of our singing enthusiasm!

Rise Up, O Men of God

... love the Lord, your God and serve Him...
— Deuteronomy 11:13

FESTAL SONG
William H. Walter

William P. Merrill

The musical score is written in 4/4 time with a key signature of one flat (Bb). It consists of two systems of music, each with a vocal line and a bass line. The lyrics are as follows:

1 Rise up, O men of God! Have done with less - er things;
2 Rise up, O men of God! His king - dom tar - ries long;
3 Rise up, O men of God! The Church for you doth wait,
4 Lift high the cross of Christ, Tread where His feet have trod;

1 Give heart and soul and mind and strength To serve the King of kings.
2 Bring in the day of broth - er - hood And end the night of wrong.
3 Her strength un - e - qual to her task: Rise up and make her great.
4 As broth - ers of the Son of man, Rise up, O men of God!

Visit our web site: www.mensfellowship.net

"Live as free men, but do not use your freedom as a cover-up for evil; live as servants of God. Show proper respect to everyone: **Love** the brotherhood of believers, **fear** God, **honour** the king." (Romans 13:8)